

**WESTERN CAPE REHABILITATION CENTRE AND DARE CONSULT**  
**WHEELCHAIR SERVICE DELIVERY: BASIC (PROFESSIONAL) COURSE**  
**TRAINING PROGRAMME**

**DAY 1:**

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|----|------|----------------------------------------------------------|
|    | 7.30 | Registration                                             |
| 1. | 8.00 | Introduction                                             |
| 2. | 8.30 | Course overview                                          |
| 3. | 8.35 | Wheelchair users and their rights to wheelchair services |

**9.30 TEA**

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|----|-------|------------------------------------------------|
| 4. | 10.00 | Introduction to wheelchairs                    |
| 5. | 10.20 | Wheelchair mobility skills                     |
| 6. | 11.50 | Matching wheelchairs with users mobility needs |

**12.30 LUNCH**

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|----|-------|------------------------------------------------------------|
|    | 13.00 | Matching wheelchairs with users mobility needs (continued) |
| 7. | 13.20 | Matching wheelchairs to the environment                    |
| 8. | 14.40 | Matching wheelchairs with user functional needs            |
| 9. | 15.40 | Wheelchair durability                                      |
|    | 16.00 | Closure                                                    |

**DAY 2:**

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|-----|------|--------------------------------------------------|
| 10. | 7.30 | The wheelchair and the user's health and posture |
| 11. | 8.00 | Biomechanics of postural support                 |

**9.30 TEA**

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|-----|-------|------------------------------------------------|
| 12. | 10.00 | Wheelchair options to improve postural support |
| 13. | 11.30 | Protection of the skin and pressure care       |

**12.30 LUNCH**

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|-----|-------|------------------------|
| 14. | 13.00 | Pressure care cushions |
| 15. | 14.30 | Foam cushions          |
|     | 16.00 | Closure                |

**DAY 3:**

- 16. 7.30 Steps of wheelchair service delivery
- 17. 8.00 Referral and appointment
- 18. 8.30 Assessment

**9.30 TEA**

- 10.00 Assessment (continued)
- 19. 11.00 Prescription

**12.30 LUNCH**

- 13.00 Prescription (continued)
- 20. 13.30 Funding and ordering
- 21. 14.30 Product preparation
- 16.00 Closure

**DAY 4:**

- 22. 7.30 Fitting

**09.30 TEA**

- 23. 10.00 Managing problems related to fitting

**12.30 LUNCH**

- 13.00 Managing problems related to fitting (continued)
- 24. 13.30 User training
- 25. 14.00 Follow-up
- 26. 14.30 Clinical requirements and orientation
- 27. 14:45 Assessment of users
- 16.00 Closure

**DAY 5:**

- 28. 7.30 Case studies
- 29. 8.30 Critical analysis

**9.00 TEA**

- 30. 9.30 User fitting

**13.00 LUNCH**

- 31. 13.30 Other mobility aids
- 32. 14.00 Presentation of patients and discussion of fitting
- 33. 15.40 General questions and conclusion
- 16.00 End